

MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR ADULTS in the Greater WATERBURY AREA

24-hour Crisis, Hotlines and Emergency Information

INFOLINE (Statewide)	211
Waterbury area Hotline and Mobile Outreach (18 and over)	1-866-794-0021
Waterbury Hospital's Behavioral Health Crisis Services (via Emergency Department)	(203) 573-6500
DMHAS 24 hour call center for opioid treatment and services	1-800-563-4086
CNV Help/ Renato Network ... Waterbury Substance abuse/opioid walk-in assessment center	(203) 754-0322
Connecticut Problem Gambling Helpline	1-800-346-6238
National Suicide Prevention Lifeline.....	1-800-273-TALK (8255)
Access Health CT.....	accesshealthct.com

Mental Health Services

Catholic Charities	(203) 596-9359
Central Naugatuck Valley HELP, Inc.: Outpatient treatment for co-occurring disorders, med management)	(203) 754-0322
Community Health Center, Inc. (Mental Health Services for enrolled medical clients)	(203) 574-4000
Family Intervention Center	(203) 753-2153
Guardian Ad Litem Services Inc. (for persons with a conservator only)	(203) 723-4332
Newtown Youth and Family Services, Sandy Hook	(203) 270-4335
St. Mary's Hospital Behavioral Health Services Outpatient, Intensive Outpatient (IOP), inpatient	(203) 709-6201
StayWell Health Center	(203) 756-8021
Waterbury Hospital Behavioral Health Services (outpatient, DBT IOP, inpatient)	(203) 573-6500
Waterbury Hospital Gero-psych program.....	(203) 573-6500
Waterbury Youth Service System	(203) 573-0264

Other mental health programs and services may be available for individuals who qualify for services provided directly by or funded through the Department of Mental Health and Addiction Services (DMHAS). See following page.

Substance Abuse Treatment/ Services

CNV Help, Inc.- Rev. Ed Dempsey Program ... (residential program)	(203) 756-8984
CNV Help, Inc., Renato Network: Outpatient group, IOP group, Vivitrol opioid replacement therapy treatment	(203) 754-0322
CT Counseling Center (Opioid treatment, Methadone Maintenance).....	(203) 755-8874
Family Intervention Center	(203) 753-2153
MCCA... (substance abuse treatment, smoking cessation treatment).....	(203) 597-0643
Rushford ... (Cheshire office)	1(877) 577- 3233
St. Mary's Hospital Behavioral Health Care Services	(203) 709-6201
StayWell Health Center	(203) 756-8021
Waterbury Hospital - West Main Behavioral Health addiction services IOP programs for Substance abuse, co-occurring, Suboxone treatment (maintenance and detoxification if started during IOP	(203) 573-7500
Wellmore... (Suboxone treatment via StayWell at this site)	(203) 755-1143
Therapeutic shelter for age 18+ / short-term residential program for men	(203) 574-1419.

Family Support

NAMI-Waterbury (family support group, separate spousal support group).....	(860) 274-5841
NAMI-Connecticut	(800) 215-3021

Department of Mental Health and Addiction Services (DMHAS) -Funded Programs

*Access is via Western CT Mental Health Network – Waterbury Area (WCMHN- WA)
DMHAS eligibility criteria apply. These include a diagnosis of severe and persistent mental illness.*

- WCMHN-Waterbury Area: (203) 805-5300
Services provided directly by WCMHN-WA: ABI/TBI services, Community Support Program/Case Management, Crisis Intervention, Homeless Outreach, Jail Diversion, Outpatient Clinical Services, Peer Companion, Respite Services
- Catholic Charities (Hispanic and English Case Management and Outpatient Services).... (203) 596-9359
- Center for Human Development/Adult Mental Health (Residential Services, PILOTS)..... (203) 596-9323
- Central Naugatuck Valley Help, Inc. (Residential Services) (203) 756-8984
- Human Resource Development Agency – Discovery Center (203) 805-5336
- Kennedy Center (Supported Employment) (203) 573-9077
- Mental Health Connecticut (formerly MHAC):

 - Residential Services..... (203) 757-8153
 - Supported Employment Services/Supported Education..... (203) 757-5431
 - WISE Program for age 55 and over..... (203) 527-3145
 - The Independence Center (Recovery Resource Center) (203) 756-5772

- St. Vincent De Paul Mission of Waterbury, Inc. (Residential Services)..... (203) 757-0567
- SELF, Inc. (Residential Services) (203) 759-2074
- Warmline for DMHAS-enrolled clients (Mental Health Support) (860) 482-1783

Useful Web Sites

- Access Health CT..... accesshealthct.com
- Behavioral Health Website... (find services by type and by location)..... www.ct.networkofcare.org
- CT Clearinghouse www.ctclearinghouse.org
- CT's Department of Mental Health and Addiction Services..... www.ct.gov/dmhas
- Infoline www.infoline.org
- CT Young Adult website:..... www.TurningPointCT.org
- National Alliance on Mental Illness (NAMI)..... www.nami.org
- National Institute of Mental Health www.nimh.nih.gov
- Mental Health America..... www.mentalhealthamerica.net
- Alcoholics Anonymous meetings in CT <http://www.ct-aa.org/find-a-meeting/>
- Narcotics Anonymous in CT call 1 (800) 627-3543 or website <http://ctna.org/>

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Information Courtesy of:
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BY: