

CHILDREN'S & YOUTH MENTAL HEALTH SERVICES SERVING THE GREATER WATERBURY AREA

Note: Services listed include information of the ages served and any admission restrictions that are known. Availability can vary widely, as services may be operating at or over capacity.

24-hour Crisis Hotlines/Information

INFOLINE (Statewide)	211
Children's Emergency Mobile Crisis Services	211
National Suicide Prevention Lifeline.....	1-800-273-TALK (8255)

Mental Health Services

Catholic Charities	(203) 596-9359	
Mental Health Clinic: Ages 13 -18 (occasionally younger), open admission, evaluation, counseling and medication management. Other services: school violence prevention via courts; Family Enrichment Services via DCF		
CT Junior Republic (CJR) Waterbury Program.....	(203) 757-9939	
Multidimensional Family Therapy (MDFT), access via Juvenile probation in Danbury, Torrington, Waterbury. Other services: assessment, respite, Multidimensional Family Therapy, SAFE/TPP, diversion programs		
Community Mental Health Affiliates Worth Program.....	(203) 596-9724	
Extended day treatment program		
Family & Children's Aid, Inc.	(203) 755-2868	
Outpatient psychiatric clinic, Intensive In-home Child & Adol. Psychiatric Services (IICAPS), Multi-Dimensional Family Therapy (DCF-funded), Child and Adolescent Respite		
Family Intervention Center.....	(203) 753-2153	
(Private insurance/ no HUSKY accepted for children.)		
Newtown Youth and Family Services, Sandy Hook	(203) 270-4335	
Waterbury Hospital's Behavioral Health	(203) 573-6500	
Crisis Unit (in main hospital) , Adolescent Parital Hospital, IOP,		(203) 573-7121
Inpatient services (ages 12-adult)		(203) 573-7110
Waterbury Youth Service System	(203) 573-0264	
Ages 14-21, crisis intervention, family counseling, truancy prevention, juvenile re-direction, Project Safe Place		
Wellmore Behavioral Health Outpatient Services	(203) 756-7287	
Ages 4-18. (Up to age 21 if still engaged in school) Individual and family therapy, medication management, case management.		
Emergency mobile psychiatric services to age 18 (access through 211)		
Wellmore Behavioral Health Home-based Services:.....	(203) 575-0466	
Intensive In-Home Child and Adolescent Psychiatric Services (IICAPS), Functional Family Therapy family intervention program, Positive Parenting Program (DCF referrals only).		
Wellspring (Bethlehem)	(203) 266-8000	
Ages 11-18. Intensive Residential Treatment; Outpatient Treatment		
Wheeler Clinic in-home program	203) 755-4490	
Multi-dimensional Family Therapy (MDFT) ages 9-18		

*In addition, many communities have Youth Services,
available through the schools or to the community residents.*

Information Courtesy of:

Northwest Regional Mental Health Board, 969 West Main Street Suite 1B, Waterbury, CT 06708
Tel/Fax (203) 757-9603 On the web at: www.nwrmb.org e-mail: jsw@nwrmb-ct.org
Find us on Facebook: www.facebook.com/nwrmb.ct

Substance Abuse Services

CT Junior Republic (CJR) Waterbury Program.....	(203) 757-9939
ACRA-ACC (substance abuse treatment)	
Wellmore Children's Outpatient Services.....	(203) 756-7287
Wheeler Clinic in-home program	(203) 755-4490
Multi-dimensional Family Therapy (MDFT) ages 9-18	

Family Support

FAVOR (State-wide)	(860) 563-3232
NAMI-Waterbury	(203) 758-5844
NAMI – Connecticut	(800) 215-3021

Coordination And Organizational Agencies

Department of Children & Families (DCF) Waterbury Office	(203) 759-7000
(DCF provides both voluntary and state services)	
DCF Voluntary Services Hotline (note that this is through the Abuse & Neglect Hotline)	1-800-842-2288
Department of Social Services (DSS)	1-855-626-6632
Care Coordination (via Wellmore Behavioral Health)	(203) 756-7287

Other Resources:

School-age children: If the issue affects school work/performance, the local school system should serve as a resource. Many schools have Family Resource Centers and Parent Liaisons.

Child Development Infoline	1-800-505-7000
Hispanic Coalition of Greater Waterbury, Inc.	(203) 754-6172

Useful Web Sites

Access Health CT.....	accesshealthct.com
Autism Services and Resources Connecticut.....	http://www.autismconnecticut.org/
CT Clearinghouse	www.ctclearinghouse.org
CT Behavioral Health Website... (find services by type and by location).....	www.ct.networkofcare.org
CT's Department of Mental Health and Addiction Services.....	www.ct.gov/dmhas
CT's Department of Children and Families	www.ct.gov/dcf
Infoline	www.infoline.org
CT Young Adult website:.....	www.TurningPointCT.org
National Alliance on Mental Illness (NAMI).....	www.nami.org
National Institute of Mental Health	www.nimh.nih.gov
Mental Health America.....	www.mentalhealthamerica.net
National Federation of Families for Children's Mental Health	www.ffcmh.org

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