



The first snowfall of the season is almost here

Icy conditions, shorter daylight hours, and puddles of melted snow, all combine to cause a winter-time jump of almost 60% in the number of slip and fall accidents on average for CIRMA members and their employees.

Fortunately, even in the worst weather, these painful, often debilitating accidents **can be prevented. A few simple precautions can help prevent winter slip and fall injuries.**

CIRMA encourages everyone to:

1. Wear proper footwear -- shoes and boots with **treaded** soles and low or no heels. **Almost 25%** of slip and fall injuries are caused by improper footwear.
2. Use the handrails on stairs and ramps, especially on outdoor steps or stairs where they may be icy or slick. Keep your hands free by using a backpack or shoulder bag to carry items.
3. Keep floors, walkways, and stairs clean, dry, and clutter-free. If you notice wet or icy areas, notify your facilities staff immediately! **More than 50%** of slip and fall injuries are caused by poorly maintained walking surfaces!
4. If you find yourself on ice or snow, walk slowly and take small steps.

Visit our [Preventing Slips & Falls webpage](#) for additional resources.

"Helping members build better, safer communities to live, learn and work in."

Copyright © 2017 Connecticut Interlocal Risk Management Agency, All rights reserved.

